

## Ear Infections (Treatment)

### ACUTE OTITIS MEDIA

Usually a bacterial complication of viral infection involving overgrowth of the normal flora of the upper respiratory tract.

<sup>st</sup>  
1 choice Co-amoxiclav 375mg PO 8 hourly for 5 days  
**Penicillin allergy** Clarithromycin 500mg PO 12 hourly for 5 days

### OTITIS EXTERNA

<sup>st</sup>  
1 choice Sofradex ear drops 3 drops top 6 hourly for 5 - 7 days

<sup>nd</sup>  
2 choice Flucloxacillin 500mg PO 6 hourly for 5 – 7 days  
(if systemically unwell or signs of spreading infection)

**Penicillin allergy** Clarithromycin 500mg PO 12 hourly for 5 – 7 days